

Students Will Support Social and Emotional Development and Provide Positive Guidance

Strand 3

Appreciate Each Child

- A. Use observations to understand each child.
- B. Create experiences that support their sense of belonging
- C. Value the child's temperament.
- D. Definition of Temperament:
 - i. How children approach, react to, and relate to the world around them.**

Appreciate Each Child

- E. Support children in taking pride in their own individual and cultural identity.
- F. Promote a child's sense of self and help them flourish through teaching them a positive:
 - a. Identity - Roles, behaviors and attributes we assign ourselves.
 - b. Self- Esteem- Perception of your own self-worth and value.
 - c. Personal Power- Growth mindset vs. fixed mindset.
 - d. Optimism -The belief that good things will happen to you and negative events are temporary setbacks to overcome.
 - e. Resiliency -Ability to withstand, recover from, and adjust to set backs or change.

Guide Children in Expressing their Feelings

- A. Give permission to have all feelings, even negative and allow children to not feel ashamed.
- B. Give time, space, and the means to work through their feelings.
- C. Model calmness when discussing and dealing with feelings.



Establish Partnership with Families

1. Family: a group of people, not necessarily biologically related that share emotional bonds, common values, goals, responsibilities and contribute significantly to each other's well-being.
2. Develop a cooperative and collaborative relationship with families where you both make the interest of the child your focus.

Establish Partnership with Families

1. Ways to create partnerships with families:

- a. Include pictures of families in the classroom
- b. Encourage family participation in the center
- c. Communicate with families by providing regular information about happenings in the classroom
- d. Hold parent teacher conferences to discuss the child and center .
- e. Maintain confidentiality of any information families share.



Helping Children Function in a Group and Acquire **Social Skills**

Ways a caregiver can **set an example** for how children can relate to others:

1. Talking and listening to the child respectfully
2. Being sensitive to the children's feelings
3. Validating children's efforts, accomplishments, and progress not intellect
4. Let them know you care about them and value them unconditionally.
5. Play cooperatively with them.
6. When communicating with children, state the positive information first.

Building Prosocial Skills

What is considered a **prosocial skill**?

1. Compassion
2. Empathy
3. Sympathy
4. Positive interactions
5. Respect
6. Support



Building Prosocial Skills

How do you help children build prosocial skills?

1. Teach, support and facilitate prosocial skills.
2. Help children put feelings into words.
3. Read books that allow you to discuss characters, feelings and actions.
4. Help children interpret facial expressions in media and in others.



Help Children Resolve Conflict

Teach and model effective ways to resolve conflicts independently

Help children see that conflict is a shared problem that can be solved by seeing, listening to and understanding both points of view and finding a solution that everyone can agree upon.

The end goal is for children to learn how to resolve conflicts on their own.

[Example](#)

6 Step Approach to Conflict Resolution

1. Approach calmly, stopping hurtful actions.
2. Acknowledge children's feelings
3. Gather information; find out what is wrong, get each child's point of view
4. Restate the problem; use the child's own words to repeat each child's side of the situation so they know you heard them.
5. Ask for solution ideas and choose one together.
6. Be prepared to provide follow up support.

Demonstrate Positive Guidance Techniques for Preschoolers

1. Guidance: A continual long-term influence on behavior

Discipline: Behavior modification when needed; to teach and train a behavior by instruction and exercise in accordance with rules and conduct.

Punishment: A penalty inflicted for wrongdoing, a crime or offense. Physical or verbal attacks.

2. Self-Discipline is the overall goal of guidance and discipline.

Guided by example is a very effective way to teach children the desired behavior.

Demonstrate Positive Guidance Techniques for Preschoolers

Children feel more secure when caregivers are **CONSISTENT**.

Respond to aggressive behavior in a non aggressive ways.

Adjust the environment so that items that might be a potential problem are placed out of sight.



Reasons Why Children Misbehave

- Normal behavior for the child's age
- Natural curiosity
- They do not know any better
- To get attention
- To get power
- For revenge
- Feeling inadequate or incapable
- The need to feel that they belong

Logical Consequences vs. Natural Consequences

Logical Consequence: Occurs WITH interference from the caregiver and should be relevant to the misbehavior. It should be short, not imposed in anger, and provide opportunities for the child to learn from their behavior and/or decision.

Natural Consequences: Occurs WITHOUT interference by letting nature just take its course. The child can see the result of his behavior/choices. This consequence can't be used if it will cause harm to the child, other's property, if the consequences are too far in the future, or if the behavior cannot be tolerated.

Positive Guidance Techniques

- **Positive statements:** Instead of saying “Bobby you need to stop bouncing the ball” you can direct your comment at another student and say, “Billy, thanks so much for holding the ball still”.
- Redirection
- Reverse attention
- **Positive reinforcement** Reinforcing the children’s good behavior by saying things like, “Thank you for being such a good listener!” or “I appreciate how hard you worked on that”.
- **Limited choices** Give the student 2 choices instead of allowing them to pick anything they want. This will make the choice easier for them, and help them stay on task.
- Time away/cool down area
- **Encouragement** Helping the children accomplish things by positive statements and tell them how you believe they can accomplish something.