

Strand 2 Notes

Standard 1

Utah Licensing Standards

1. Fill in the information below regarding administration and children's records.
 - Establish, follow, and ensure that all **staff** and **volunteers** follow a written **health** and **safety plan**.
 - All children have an **admission** and **health assessment** form on **file**.
 - All children have current **immunizations** on file, unless they have an **exemption**.
 - Keep all children's records **confidential**.
2. What are the 5 facility requirements listed
 1. **35 square feet of indoor space for each child.**
 2. **1 working toilet for every 15 children.**
 3. **All areas of the facility are safe, and free of hazards.**
 4. **40 square feet of outdoor space for each child.**
 5. **Outdoor area enclosed by a fence.**

Caregiver-to-child ratio

Ages of Children	# of Caregiver	# of Children	Maximum Group Size (with 2 caregivers)
Birth-23 months	1	4	8
2 years old	1	7	14
3 years old	1	12	24
4 years old	1	15	30
School-age	1	20	40

Active Supervision



Set up the Environment	So staff can supervise and be available to children always.
Position Staff	If there is more than one staff member in a space, position yourselves so that you can observe and see children at all times
Scan and Count	Staff always know how many children are in their care and what they are doing.
Listen	Listen for specific sounds or the absence of them that could indicate a potential danger.
Anticipate Children's Behavior	Staff use what they know about their children to anticipate potential challenges
Engage and Reflect	Staff work together to assist in the care of children.

Describe how to make sure **child guidance and interaction** is followed appropriately within a preschool setting:

Review:

How many students should there be per 1 working toilet?

How many 2 year olds can there be per one adult at a center?

What should the preschool have on file for each student?

What should the outdoor space include?

Child Safety and Injury Prevention

- a. What should be inaccessible to children?
Harmful items or potential hazards.
- b. What kinds of items might be hazardous to the center?
Objects that are brought into the center in backpacks or pockets.
- c. How can you tell if small parts or toys are too small for children under the age of 2?
Items that fit into a paper towel tube.

4 Things to to Ensure Emergency Preparedness

5. What are 4 things that must be done in a preschool in order to ensure emergency preparedness and response is taken seriously?
 1. **Keep first-aid supplies in center**
 2. **Fire drills are conducted monthly.**
 3. **Health and safety plan are in the center and followed during a disaster.**
 4. **Parents will receive a written report of every incident, accident, or injury involving the child.**

Health and Infection Control

Keeping the facility **clean** and **sanitary**, and **washing hands** are key factors in preventing and reducing the spread of **illness**.

Toys and materials should be cleaned **weekly** or **more often** if needed for example if a toy is in a **child's mouth**.

In the space below, describe the handwashing procedure IN DETAIL:

When is handwashing required?

- Before handling or preparing **food or bottles**.
- Before and after eating **meals and snacks**.
- After using the **toilet or helping a child use the toilet**.
 - After contact with **bodily fluid**
- When coming in from **outdoors or arriving to work**.
 - After cleaning up or taking out **the garbage**.

Food and Nutrition

When should gloves be worn?

During diapering/toileting, first aid or when handling food.

5. Food and Nutrition

a. How often should a child age 2 years or older be offered a meal or snack?

Once every 3 hours

b. Providers should be aware of what in regards to serving children food and drinks?

Food Allergies

c. How should food be served to a child?

In a dish or napkin, not on the table.

Review

How often should fire drills be conducted?

How do you know if a toy is too small for a 2 year old to play with?

What should you do to prevent the spread of germs with toys?

How many 4 year olds should there be per 1 adult?